

Key Question: How smooth is your smoothie?

Food Technology-Designing a healthy smoothie.

Vocabulary

Equipment	The resources we need.
Instructions	Set of information that teaches you how to do something.
Chop	Cut something into pieces.
Mash	Crushing food to make it soft.
Blend	To combine two or more ingredients by hand, or with an electric mixer or blender, until smooth.
Pour	To make a liquid flow from one container to another.



In this topic, **we are learning to:**

- **Explore** different fruits and vegetables. Identify likes and dislikes.
- **Generate** ideas and explain what we are going to do.
- **Decide** to develop our ideas by recording in different ways.
- **Create** a final design using appropriate techniques.
- **Evaluate** our final products deciding upon successes and area for improvement.

Skills required:

- Chop
- Mash
- Blend
- Mix
- Pour



Key Question: How smooth is your smoothie? *Designing a healthy smoothie.*



Assessment Focus:

Explore:

- Group familiar food products eg fruit and vegetables.
- Begin to understand that everyone should eat at least five portions of fruit and vegetables every day.
- Begin to understand the development of existing products: what they are for, how they work, materials used.
- When looking at existing products explain what we like and dislike about products and why.

Generate:

- Begin to draw on our own experience to help generate ideas.
- Start to suggest ideas and explain what we are going to do.
- Understand how to identify a target group for what we intend to design and make based on a design criteria.

Decide:

- Begin to develop our ideas through talk and drawing.

Create:

- Prepare simple dishes safely and hygienically without using a heat source.
- Cut ingredients safely.
- Begin to make our design using appropriate techniques.

Evaluate:

- Start to evaluate our product by discussing how well it works in relation to the purpose (design criteria).
- Begin to evaluate our products as they are developed, identifying strengths and possible changes we might make.