

Equipment

Instructions

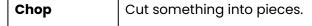
Key Question: How smooth is your smoothie? Food Technology-Designing a healthy smoothie.

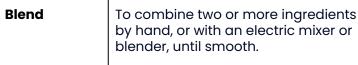


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The resources we need.

Set of information that teaches you
how to do something.





Pour To make a liquid flow from one container to another.







In this topic, we are learning to:

- Explore different fruits and vegetables. Identify likes and dislikes.
- Generate ideas and explain what we are going to do.
- **Decide** to develop our ideas by recording in different ways.
- **Create** a final design using appropriate techniques.
- Evaluate our final products deciding upon successes and area for improvement.

Skills required:

- Chop
- Mash
- Blend
- Mix
- Pour



Key Question: How smooth is your smoothie? Designing a healthy smoothie.



Assessment Focus:

Explore:

- -Group familiar food products eg fruit and vegetables.
- Begin to understand that everyone should eat at least five portions of fruit and vegetables every day.
- Begin to understand the development of existing products: what they are for, how they work, materials used.
- -When looking at existing products explain what we like and dislike about products and why.

Generate:

- Begin to draw on our own experience to help generate ideas.
- Start to suggest ideas and explain what we are going to do.
- -Understand how to identify a target group for what we intend to design and make based on a design criteria.

Decide:

- Begin to develop our ideas through talk and drawing.

Create:

- Prepare simple dishes safely and hygienically without using a heat source.
- Cut ingredients safely.
- -Begin to make our design using appropriate techniques.

Evaluate:

- Start to evaluate our product by discussing how well it works in relation to the purpose (design criteria).
- Begin to evaluate our products as they are developed, identifying strengths and possible changes we might make.