# The South Children's Centres Timetable ~ Wednesday 6th September - Friday 20th October 2023













# **CLOSED**

Monday 4th & Tuesday 5th September.

All South Centres will be Closed for staff Training.

\*Courses start week of 13th September (please check back page for details).

## **BYRON**

#### Wednesday's

9.30 - 11am Chatterbox

Midwife Clinic B (Booking via Midwifery Team)

### Friday's

9.30 - 11am Stay & Play

10 - 11.30pm Breastfeeding Buddies

### **PURLEY OAKS**

#### Wednesday's

1 - 2.15pm Stay & Play

## Friday's

1 - 2.15pm Baby Fun for Under 1

## WOODLANDS

#### Monday's

9.30 -11.30am SCD Parenting Course (Social, communication Disorders)

> Child Development Checks B (Booking via HV)

12.30 - 2.30pm SCD Parenting Course (Social, communication Disorders)

1 - 2.30pm Watch Me Grow (Under1's)

## Tuesday's

9.15 - 11am Now I'm Two

9.30 - 11.30am Chill & Chat

Child Development Checks B (Booking via HV)

10.15-11.15am Rhyme & Sign for Baby and Me B

1 - 2.30pm Chatterbox

1.15- 2.15pm Baby Massage B

## Wednesday's

9.15 - 11am Rocking Rhymes

9.30 - 2.30pm Mellow Mums & Creche

Child Development Checks B (Booking via HV)

Midwife Clinic B (Booking via Midwifery Team)

1 - 2.15pm Gardening Club B

### Thursday's

9.15 - 11am Stay & Play

9.30 - 11.30am Well Baby Clinic (Drop In for babies up to 9 months old) (Starts 14/9/23)

10 - 1pm Breastfeeding Clinic B (Booking via Breastfeeding Team)

Child Development Checks (Booking via HV)

1.15 - 2.15pm Cooking Cubs B

## Friday's

10 - 11.30am Baby Fun for Under 1

10-12pm Infant Feeding Drop In's

Child Development Checks B (Booking via HV)

1 - 2.30pm Stay & Play

### Chatterbox (Booking not required!)

With guidance from Speech & Language team member.

Woodlands - Tuesday's 1pm

Byron - Wednesday's 9.30am

Castle Hill - Thursday's 1pm

## CASTLE HILL

#### Monday's

9.45-10.45am Jumping Beans

#### Tuesday's

9.30 - 11.15am Messy Play

## Thursday's

9.30 - 11.30 Childminders Stay & Play

1 - 2.30pm Chatterbox

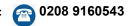
### **FAIRCHILDES**

### Thursday's

10 - 11.15am Baby Fun for Under 1

Child Development Checks B (Booking via HV)

1 - 2.30pm Stay & Play











#### **BOOKABLE COURES 2023**



@Woodlands (0-6 months approx.) 5 week Course Starts Tues 19/9/23 - 17/10/23

Encourages bonding between babies and their parents.

#### Rhyme & Sign for Baby and Me

(0- 1 years) 5 week Course Starts Tues 19/9/23 - 17/10/23

#### **Cooking Cubs**

@Woodlands (2+ years) 5 week Course Starts Thurs 14/9/23 - 12/10/23

A fun cooking session 2-5 years with parent/carer.
\*Please specify any allergies or dietary requirements when booking.

#### **Gardening Club**

@Woodlands (2+ years) 6 week course Starts Wed 13/9/23 - 18/10/23

Engages all the senses, enhances fine motor skills, teaches responsibility and highlights the importance of taking care of the environment.

For All Child Development Checks you will need to book through your Health Visitor Team Telephone: 0208 274 6006 Option 1.

Croydon Health Services

To book Breastfeeding Clinic please contact Infant Feeding Lead Midwife Tina on 07879 814190 or email the team at

CH-TR.COMMUNITYINFANTFEEDINGTEAM@NHS.NET

NHS Croydon Health Services





Well Baby Clinic (Starts 14/9/23) - baby weighing for 9 months and under.

#### Session Name Changes:

Baby Group — now > Baby Fun for Under 1

Baby Signing — now > Rhyme & Sign for Baby and Me



Drop-In Breastfeeding support for mums with babies 9 weeks old and under.

# **The South Locality Timetable**









## Wednesday 6th September - Friday 20th October 2023

IMPORTANT: All South Centres Closed on Monday 4th & Tuesday 5th September 2023.

We look forward to welcoming you to our centres.

Our sessions are for families with children ages 0-5. Sessions can become very busy therefore please try to arrive on time to avoid any disappointment.

#### Site addresses:

Woodlands: Quest Primary School (Formally Gilbert Scott Primary School), Farnborough Ave, South Croydon, CR2 8HD

Purley Oaks: Bynes Road, South Croydon, CR2 0PR

Byron: St. David's, Coulsdon, Surrey, CR5 2XE

Castle Hill: Castle Hill Academy, Dunley Drive, CR0 0RJ

[Junction of Dunley Drive & Fieldway]

Fairchildes: Fairchildes Avenue, CR0 0AH

For all enquires please call Woodlands on 0208 916 0543 or

email southchildrenscentres@croydon.gov.uk

#### **Family Support**

Julie is our Family Support Worker and is here to offer emotional and practical support to parents and their families, in their own homes and in the community.

If you would like support please call:



Julie— 07356 100837 Mon, Tues & Thurs 9.30 - 4pm Wed & Fri 8.30 - 12pm

